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Cooperative Extension
Rockland County

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Garden Writers Association Foundation
www.gardenwriters.org
Call Toll Free (877) 492-2727

In 2007, the U.S. Department of Agriculture reported that 36 million people, including 13.9 million children, live in households that experience hunger or the risk of hunger daily. That is 1 in 8 Americans!

The demand for hunger assistance has increased by 70% in recent years, and research shows that hundreds of hungry children and adults are turned away from food banks each year because of lack of resources. **But YOU CAN HELP!!**

Plant a Row is a people-helping-people program to help feed the hungry in local neighborhoods and communities. Launched in 1995 by the Garden Writers Association (GWA), Plant A Row (PAR) encourages gardeners to grow a little extra and donate the produce to local soup kitchens and food pantries serving the homeless and hungry. PAR's mission is to provide an avenue through which individuals, corporations and over 84 million gardening households in the U.S. can help America's most vulnerable citizens and the food agencies serving them.

Join your friends and neighbors of Rockland County
and sign up to plant an extra row of produce for the hungry.

The Master Gardener Volunteers at Cornell Cooperative Extension (CCE) of Rockland County have started a PAR committee for Rockland County. This committee will assist you in getting started and getting your extra produce to those in need within Rockland County.

Take the pledge and donate whatever you can. It's easier than you think!!

SIGN UP TODAY!

PLEASE CALL Cornell Cooperative Extension of Rockland at (845)429-7085, ext. 117
or email CCE at dmc72@cornell.edu or fax a request to (845) 429-8667

*Cornell Cooperative Extension of Rockland County provides equal program and employment opportunities.
Please contact the Cornell Cooperative Extension of Rockland County office if you have any special needs.*